



Ana Maria Borrero, MSN, PMHNP-BC, FNP-BC

Hi, I'm Ana Maria Borrero, a double board-certified nurse practitioner in Psychiatric-Mental Health and Family Practice. With over 13 years in healthcare, I've dedicated my career to supporting people with anxiety, depression, trauma, and addiction—and I truly love what I do.

My path into psychiatry began at 16, after my parents were in a devastating car crash. I experienced the emotional aftermath—fear, grief, uncertainty—and realized how deeply we all need someone to listen, support, and guide us through healing. That experience forever shaped my commitment to mental health care.

I earned my Master's degree with a dual focus in psychiatry and family practice from University of South Alabama. Since then, I've continued advancing my education and clinical training to provide compassionate, evidence-based care at the highest level.

I'm licensed in Florida and North Carolina, and fluent in both English and Spanish. I provide personalized psychiatric care via telehealth—making it accessible, judgment-free, and grounded in real connection.

My Clinical Experience Includes:

- Telepsychiatry and medication management at **Ventre Medical Associates**
- Addiction and recovery care at **Crestview Recovery Center**
- Outpatient psychiatric treatment with **Gracepoint Wellness**
- Family medical support for behavioral health patients at **Suncoast Behavioral Health**
- NICU and cardiac intensive care nursing at **South Miami Hospital** and **Mount Sinai Medical Center**

I also hold an active DEA license with Suboxone (X Waiver) privileges, am certified in ACLS and BLS, and have over five years of experience in medication-assisted treatment (MAT) for substance use disorders.

Whether you're feeling overwhelmed or simply looking for a safe space to be heard, I'm here to support you—with empathy, clinical insight, and human connection at the heart of every session.